

The First International Online Conference on Integrative Medicine and Clinical Practice

May 30, 2020

Scientific Committee/ Keynote Speakers



Dr. Amina ATHER

4 Technologies, Germany

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Prof. em. Dr. Amina Ather is an expert in health education for last 19 years working with personalized and preventive health care on non-invasive and non-drug therapy across 21 countries and conducted public talks, keynote address, sessions, focused group discussion and counselling sessions with more than 1 million women of all ages, religion and culture. She holds a PhD in public health with her focus of health education of women through green pharmacy. She has been conferred with doctor of medicine in Unani fraternity for clinical research in screening and management of PMS with camphor an indigenous herb on India. Right now she is screening flamer syndrome for girls between 10 to 18 years and developing preventive and personalized healthcare supported by ministry of health and family welfare, ministry of education and ministry of food, government of Karnataka, India. Working on satiric validation of products derived Karnataka antibiotics limited. Developing global tourism integrated wellness village at Bangalore under her patronage and her own foundation The solstice trust (R). She has 3000 undergraduate students, 360 post graduate and 32 PhD from her visiting and emeritus professor with Doctoral jury - UNESCO, Emeritus-professor (Tainshan Scholar) China, Chief Scientific Adviser for Health education, Ministry of health and family welfare, Government of Karnataka, India. Chief Scientific Adviser - Malaysia, Visiting Professor - South Africa, Malaysia, Al Ain, Turkey, Sri Lanka, Uzbekistan. Scientific Director - Medizin Park Ruhr, Germany. She has been nominated with

guineas book of records for her compilation on Medicinal flora. Awards and appreciation from all around like golden hibiscus from Malaysia, and silver Quran from turkey, dream angle from Sudan and young entrepreneur from ford foundation, King Faud foundation from UAE, and many more.



Dr. M. Hossein AYATI

Clinical PhD of Chinese Medicine & Acupuncture, Assistant Professor of Traditional Medicine, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran

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Mohammad Hossein Ayati, born in 1976, passed high school in National Organization for Development of Exceptional Talents and placed 86th among 400,000 participants of “National Medical Entrance Exam” in 1994. He obtained his medical degree (7-years MD) in 2001 from Mashhad University of Medical Sciences, and then served his public service as a GP. In 2005, he won a full scholarship from Iran’s MOH for a Clinical PhD on Chinese Medicine & Acupuncture in Beijing University of Chinese Medicine. He graduated as one of Top Ten BUCM graduates in 2010. Since 2011, he is serving as an Assistant Professor in School of Persian Medicine of Tehran University of Medical Sciences, in two departments; Department of Traditional Medicine & Department of History of Medicine. He is active in research and teaching, runs an acupuncture clinic, and tutors postgraduate students. He published more than 30 papers, among which some are highly cited, and his scientific works can be accessed in Scopus and ORCID. He also works part-time in the Ministry of Health and Medical Education of Iran.



Dr. Dinesh CHAUHAN

Director and Head at Swasthya Homeopathic Healing

Founder of Athatho Brahma Jigyasa Trust

On panel at Other Song, Mumbai

Websites: www.casewitnessing.com, www.abjitrust.com, www.homeohome.com & www.plantskey.com

Dr. Dinesh Chauhan is one of the most influential figures in homoeopathy from Mumbai, India. He has lectured in more than 25 countries worldwide. He pioneers the concept of patient-centric Scientifically Intuitive Case Witnessing Process - a uniquely designed 3 step case taking method, his Integrative Holistic approach in remedy reading, remedy understanding; in giving similimum centric advice to his patients in life for hobby, art, profession; have brought a paradigm shift in the Homoeopathic World. His unique way of creating similimum field in case taking to make patient aware of their whole center, remedy in systematic way is worth watching...

New revolutionary concepts include,

- a) Right Brain Approach in Case witnessing Process and life
- b) Integrative holistic approach in plant kingdom

Dr Dinesh launched a website dedicated to the integrative holistic approach in plant kingdom - www.plantskey.com- A NEWLY LAUNCHED WEBSITE which has complete integrative holistic encyclopedia of the remedies from the plant kingdom.

- c) Unique Designer's Healing Workshop for Homoeopaths and Patients

Bringing the similimum principle outside of the consulting room and into an individual's day to day life. He is the author of three books The Scientifically Intuitive Case Witnessing: The Journey of Three Steps, A Wander with a Little Wonder: Child-Centric Case Witnessing (ranked

as one of the best book on pediatric case taking in homeopathy), The Journey into the Human Core., He is also an author of a Laymen book for Pediatric holistic homeopathy: 'From treating to transforming: Choose homeopathy, a designer approach for your child'.



Dr Mujeeb HOOSEN

Coordinator of the Unani Tibb degree program at the School of Natural Medicine in the Faculty of Community and Health Sciences at the University of the Western Cape, South Africa

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BSc (CHS); BCM (Unani Tibb); MSc (MBS), PhD candidate (Child and Family Studies, UWC)

Dr Mujeeb Hoosen is the Coordinator of the Unani Tibb degree program at the School of Natural Medicine in the Faculty of Community and Health Sciences at the University of the Western Cape in South Africa. He holds a Bachelor's degree in Complementary Health Sciences, a Bachelor's degree in Complementary Medicine (Unani Tibb) and a Master's degree in Medical Biosciences which focused on the immunomodulatory effects of African herbs. He is a current PhD candidate in the department of Child and Family Studies, Faculty of Community and Health Sciences at the University of the Western Cape. He is investigating the role of spirituality and spiritual care within Unani Tibb practice by incorporating an interdisciplinary research design. Dr Mujeeb Hoosen is currently actively involved in the education, training, research and promotion of Unani Tibb in South Africa. For the past several years he has contributed significantly to the benchmarking process of the training and practice of Unani Tibb at a national and international level. He was the

previous chairman of the South African Tibb association which is a non profit organisation involved in the promotion of Unani Tibb in South Africa. He is also an editorial board member to the International Journal of Unani and Alternative Medicine.

Dr Mujeeb Hoosen has conducted several healthy living community projects based on Unani Tibb and Tibb an Nabawi for both the education and social sectors. He has conducted several Unani Tibb awareness programs for all types of media in South Africa. His research papers on various Unani Tibb topics has been presented at both national and international conferences as well as published in internationally recognised peer reviewed journals.



Dr. Mehmet Zafer KALAYCI

Head, Traditional and Complementary Medicine Department at Ministry of Health, Turkey

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Dr. Mehmet Zafer KALAYCI has graduated from Erciyes University Medical Faculty at Kayseri. He had also bachelor degree from Public Administration and Political Science from Anadolu University and master degree from Business and Administration. He holds a PhD in Immunology from Gazi University Medical Faculty at Ankara. He has been the Head of Traditional and Complementary Medicine Department at Ministry of Health since 2012. He has ongoing responsibilities with Korean MoH, AKOM, KIOM, Chinese MoH , The Organisation of Islamic Cooperation and WHO. He is married with 3 kids.



Dr. Mehrdad KARIMI

Associate Professor of Traditional Medicine, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran

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Dr. Mehrdad Karimi is a research scientist and practitioner with over twenty years of Iranian traditional medicine experience in the areas of new drug discovery and history of medicine.

Dr. Mehrdad Karimi is associate professor of department of Iranian Traditional Medicine, Tehran University of medical science. He received his M.D. (2001), He holds a Ph.D. in Iranian Traditional Medicine from Tehran University of medical science. Dr. Mehrdad Karimi is a research scientist and practitioner with over twenty years of Iranian traditional medicine experience in the areas of new drug discovery and history of medicine. His research interest includes Zoroastrian culture, Medical History of Ancient Iran philosophy of science and the history of pharmacy.



Dr. Amir Hooman KAZEMI

MD, clinical PhD and Post Doc. of Acupuncture and Chinese medicine; Assistant professor of School of Persian Medicine at Tehran University of Medical Sciences and Faculty of Beijing University of Chinese Medicine

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1-vice president of world federation of acupuncture; 2- vice secretary general of noninvasive acupuncture association of china; 3- professor of Beijing university of Chinese medicine; 4-faculty of Tehran university of medical sciences; 5- visiting professor of Santiago de Compostela University of Spain for master program of acupuncture; 6- visiting professor of Ontario college of Canada; 7- Executive member of specialty committee of brain disease and neurology of world federation of Chinese medicine; 8-executive member of specialty committee of cosmetology of world federation of Chinese medicine; 9- member of specialty committee of examination and evaluation of world federation of Chinese medicine; 10- editorial board of world journal of acupuncture; 11- Editorial board of journal of Chinese medicine; 12-editorial board of world journal of Chinese medicine (Canada edition); 13- executive member of international committee of acupuncture education (China); 14- executive member of committee of sciences and education of world federation of acupuncture; 15- scientific editor and supervisor of 7 books about acupuncture (in Persian language); 16-Editorial board of 5 books about Chinese medicine (in English and Chinese); 17-Member of bioethics committee of UNESCO; 18- Former Vice dean of traditional medicine school of Tehran university of Medical Sciences and Former Advisor to traditional and complementary department of ministry of health



Dr. Ahmet Yaser MUSLUMANOGLU

Professor of Urology & The Head of Traditional and Complementary Medicine (TCM) Center and TCM Department at Health Sciences University

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Ahmet Yaser Muslumanoglu is a Professor of Urology at Health Sciences University School of Medicine, Istanbul, Turkey. He is also the CEO of Istanbul Bagcilar Research and Training Hospital. Dr. Muslumanoglu received his medical degree from Istanbul University, Istanbul Medical Faculty and completed his urology residency programme at the Department of Urology of the same institution.

After completion of his residency, Dr. Muslumanoglu worked for 3 months in Vienna University Department of Urology, Vienna, 3 months in MD Anderson Medical Center Houston, USA, 1 month in The Arthur Smith Institute for Urology New York, 1 month in Phillips Ambulatory Care Urology New York, USA and 1 month in Klinikum Heilbronn, Teaching Hospital of the University of Heidelberg, Heilbronn, Germany, respectively.

Dr. Muslumanoglu has been involved in the Turkish Endourological Society's scientific and educational activities and previously worked as the president. He is also working as an Associate for EULIS. He has published more than 50 peer reviewed scientific papers and several book chapters. He is the editor of Urinary Stone Disease text book. He was one of the scientific secretaries of the "30th World Congress of Endourology and SWL" held in Istanbul, Turkey in 2012. He was the president of the 10th. National Endourology Congress held in Antalya, Turkey (2012).

Dr. Muslumanoglu became the Head of Traditional and Complementary Medicine (TCM) Center and TCM Department at Health Sciences University at 2014 and 2017 respectively. He is still holding both position at the same University. He has been taking positions as General Secretary and/or member of Scientific Committee at 1st, 2nd and 3rd Traditional and Complementary Congress with scientific support from WHO, Istanbul Turkey, WFAS 2019 Antalya Turkey and International Biotherapy Congress at 2017, Istanbul. He is managing the doctorate and PhD programs for TCM at Health Sciences University.



Dr. Mohammad NAMI

Assistant Professor, Head of the Department of Neuroscience, Department of Neuroscience, School of Advanced Medical Sciences and Technologies, Shiraz University of Medical Sciences

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Mohammad Nami (1978, Tehran) is an Iranian medical doctor and neuroscientist. He gained his medical specialty in neuroscience and his fellowship in sleep disorders. Not only is he among the university's top-ranked scholars due to his numerous scientific articles and speeches presented in international congresses but also he has been recognized as a top-rated contributor to numerous international neuroscience events. During the past several years, he has led several Brain Awareness and Autism Multidisciplinary works, conducted workshops on Sleep Medicine/Sleep Neuroscience across the country, and gained experience as corporate trainer in the field of professional development skills at Behphar holding in Iran. Dr. Nami is currently the Head of the Department of Neuroscience at Shiraz University of Medical Sciences (SUMS), the chief-editor of two international and interdisciplinary journals (JAMSAT, Neuroscience Research Letters), and the president of the Iranian Neuroscience Society, Fars Chapter. The Neuroscience Lab (NSL) at SUMS has been a dynamic platform for interdisciplinary studies where he and his associates deal with. He has been a Dale Carnegie's alumnus since 2014 and yearns to gain further expertise in the field of organizational and leadership training. He is also passionate about the concept of "Neuro-leadership" and how human brain potentials drive his behavior as a leader to inspire others. In addition to his scientific activities, he is an avid artist interested in traditional Iranian country music, especially singing.



Dr. Roja RAHIMI

Associate Professor of Traditional Pharmacy, School of Persian Medicine, Tehran University of Medical Sciences (TUMS)

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Specialties: PharmD (Shiraz University of Medical Sciences, 2004), PhD of Traditional Pharmacy (Tehran University of Medical Sciences, 2012)

Previous Academic and Health Related Experiences: Research Expert of Pharmaceutical Sciences Research Center, Tehran University of Medical Sciences (TUMS) (2004-2008); Editor-in-Chief of Traditional and Integrative Medicine (<http://jtum.tums.ac.ir>); Editor of Evidence-Based Complementary and Alternative Medicine; Editor of Journal of Medical Hypotheses and Ideas; Editor of DARU Journal of Pharmaceutical Sciences; Editor of World Journal of Gastroenterology; Editor of Current Traditional Medicine; Member of National Foundation of Elites

Research interests:

- Discovery of pharmacological activities of medicinal plants and phytochemicals along with their possible mechanisms of action
- Design of in vitro, animal and human studies for evaluation of activities claimed for natural products in Persian medicine
- Formulation and standardization of natural medicines

Honors:

Top Young Researcher, Rhazi Festival, Iran (2008)

Top Young Researcher, Avicenna Festival, Iran (2013)

Top 1% Scientist in Pharmacology & Toxicology (2015)

Top 1% Scientist in Pharmacology & Toxicology (2016)

Publications: Total of 140 Publications; 4 books in Persian, 6 book chapters in English, 10 papers in Persian, 103 papers in international journals; ***h-Index*=40**



Dr. Shima SAZEGARI

Founder of Swiss Alternative Medicine, SAM & well-being Association and Co-founder of the Aevisia group.

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Graduated from the faculty of pharmacy at the University of Geneva, Shima Sazegari has been working as a pharmacist and integrative medicine consultant for more than 25 years in Geneva. During all these years, she has been interested and committed to the development of natural medicine in Switzerland and in Europe. Her area of interest and expertise stems from her years of practice and continues training with internationally recognized experts in various aspects of medicine such as functional medicine, homeopathy, herbal medicine in its expanded pharmaceutical application. Skilled in entrepreneurship, strategic planning, business development, and individualized, ethical, and sustainable healthcare approach, Shima has developed a new concept of integrative medicine for health professionals.



Dr. Kanat TAYFUN

The Head of Traditional and Complementary Medicine Clinic at Bağcilar Training & Research Hospital which is affiliated with Health Sciences University.

He was graduated from Istanbul University, Cerrahpasa Medical Faculty at 1996. After his military duty and GP experience, he switched his career as a manager at Pharmaceutical Industry. He fulfilled local and international positions at Medical and R&D departments at Roche, Abbott, Abbvie and Gilead at different managerial levels from Medical Manager to Executive Board Member between 1999-2014.

After the authorisation of Traditional and Complementary Medicine (TCM) by Turkish Ministry of Health (MoH) at 2014, he has the opportunity to do his hobby as a job and career. He worked at his private TCM office until he was called by MoH to establish the first TCM center at a public hospital with the supervision of Prof. Dr. Ahmet Yaser Muslumanoglu who is the CEO of Bagcilar T&R Hospital and Head of TCM Department at Health Sciences University. He is a trainer for acupuncture, cupping, mesotherapy, hypnosis and phytotherapy. He is coordinating TCM certification programs at 6 cities at Health Sciences University on the behalf of MoH . He is giving TCM lectures at Health Sciences University Medicine Faculty, PhD and doctorate programs and a member of TCM Executive Committee. He also attended several WHO meetings for benchmark document of Tuina and proper integration of TCM into the Health System.

He took several roles at organisation 1st, 2nd and 3rd International TCM Congress, WFAS 2019, International Biotherapy Congress, Turkish Hypnosis Congress. He is member of TCM Society, General Secretary of Acupuncture Society and Turkish Society of Medical Hypnosis. He is preparing his thesis to finalize his doctorate on phytotherapy and continues his scientific studies by running clinical trials, publishing papers at respective journals and book chapters.



Dr. Alexandros TILIKIDIS

President, Akadimia of Ancient Greek and Traditional Chinese Medicine, Athens, Greece

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I was born in Athens in 1966. In 1991, I graduated from the medical University of Patra. I received the medical specialty of Physical Medicine and Rehabilitation in 2001. I started studying Acupuncture in 1994 in Athens. In 1996, I studied in Tianjin University of Traditional Chinese Medicine in China, the basic theory of TCM, acupuncture and Chinese herbs with the professors Liu Gongwang and Zhong Qiangwei. Ever since 1997, I apply acupuncture and Chinese herbs in Athens and teach basic theory of TCM, acupuncture and Chinese herbs. In 2004, I founded AKADIMIA OF ANCIENT GREEK AND TRADITIONAL CHINESE MEDICINE, aiming to spread and promote traditional Chinese medicine and reconcile TCM with Ancient Greek Medicine. I have published the following books: The Basic Theory of Traditional Chinese Medicine (1999, Akadimia publishing house), Chinese Herbal Therapy – herbs and formulas (2011, Akadimia publishing house) and Greek Acupuncture, Meridians and Acupuncture points, based on Hippocrates (2013, Akadimia publishing house), The basic theory of Ancient Greek Medicine, Part A (2014, Akadimia publishing house).



Dr. Roy UPTON

President, American Herbal Pharmacopoeia

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Roy Upton, RH, DipAyu has been working and practicing professionally as an herbalist since 1981. He is trained in Ayurvedic, Traditional Chinese, and Western herbal medicine and has also studied and worked extensively with Native American and Caribbean ethnobotanical traditions. He is the founder, executive director, and editor of the American Herbal Pharmacopoeia (AHP). Roy serves on botanical expert advisory committees of AOAC International, the American Botanical Council, NSF International, the journal *Chinese Herbal Medicines*, and the *World Journal of Traditional Chinese Medicine*. Roy is actively involved in many aspects of herbal product quality control as Director of the California-based herbal company Planetary Herbals, as a member of the Standards Committee of the American Herbal Products Association, and member of the Expert Advisory Committee for the *Botanical Safety Handbook*.

In 2004, Roy was awarded the James Lind Scientific Achievement Award; in 2011, the James Duke Excellence in Botanical Literature Award (Technical) from the American Botanical Council; and in 2020, the Outstanding International Ethnopharmacologist Award from the International Society for Ethnopharmacology.

As an integral part of his work as an herbalist, Roy spends a great deal of time defending the rights of people to access herbal medicines and to see herbal medicine integrated into the fabric of both our homes and health care systems.



Dr. Arman ZARGARAN

Assistant Professor of History of Medicine, School of Persian Medicine, Tehran University of Medical Sciences, Tehran, Iran

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Arman Zargaran (b. 1985) has completed his PharmD and PhD degrees (on traditional pharmacy) in Shiraz University of Medical Sciences (2010 and 2015, respectively). He is assistant professor of traditional pharmacy and also history of medicine and vice dean for international affairs at school of Persian medicine, Tehran University of Medical Sciences (TUMS). His main research interests are history of Persian medicine, ancient Persian medicine, formulation and standardization of traditional and natural products and ethnopharmacology. In Iranian ministry of health and medical education, he is vice general director for international affairs at Office of Persian Medicine. He is also the member of International Academy of the History of Pharmacy; President of Iranian Society for the History of Pharmacy (as member society of International Society for the History of Pharmacy); member of Iranian Academy of Medical Sciences and member of UNESCO Chair of History of Traditional Medicine in Iran. He has published more than 130 papers in reputed journals and has been serving as an editorial board member and reviewer of many peer reviewed journals. His *h*-index is 18 according to Scopus report. He was awarded as top PhD student of Iran (2012), winner of Razi Medical Sciences Festival (2013); winner of Tabari Medical Sciences Festival (2013); receive International Academy of the History of Pharmacy medal and diploma (2017); Top professor of School of Persian Medicine, TUMS (2017), for international awards and activities at TUMS (2019), etc.